

An Innovative Project-Based Learning Approach to Engage Undergraduate Students in Research

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Acknowledgements

Travel Support: USDA-NIFA NLGCA Grant

"Integrating agricultural remote sensing, landscape flux measurements, and agroecosystem modeling in agricultural research and teaching."



United States Department of Agriculture National Institute of Food and Agriculture

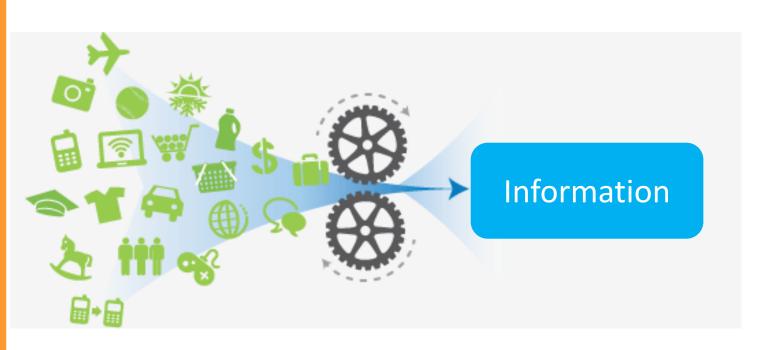






Course Theme: Make sense of data

Use information derived from data for decision making





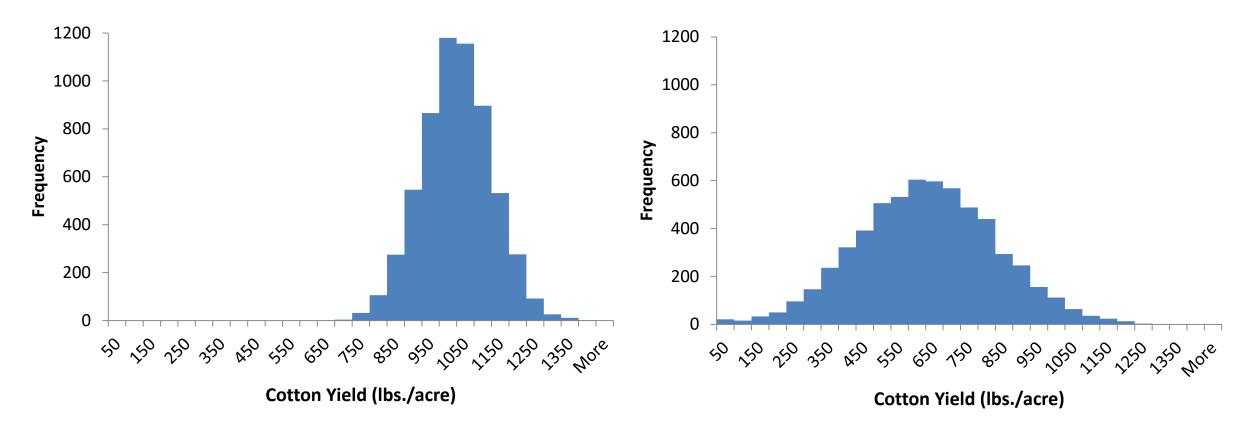






Simplified datasets are used for deeper understanding

Eg: Central tendency and dispersion



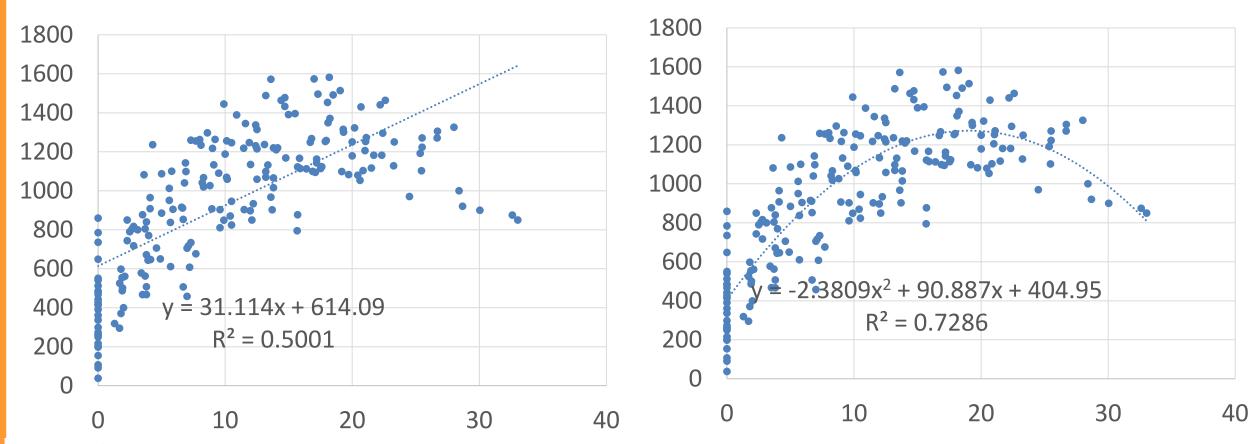






Simplified datasets are used for deeper understanding

Eg: Regression Analysis



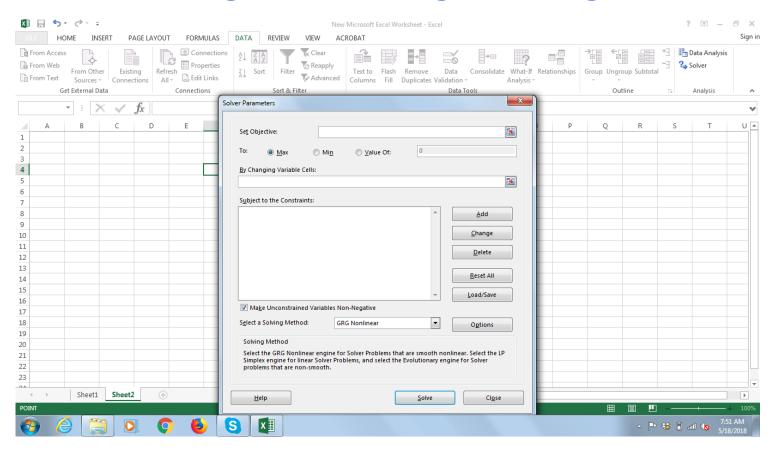






Open Excel Exams

Eg: Linear Programming





National Institute of Food and Agriculture





Project-Based Learning

- ☐ Student teams work on research projects
- ☐ Any project that can provide information from data
- ☐ Students present research posters developed (Final Exam)







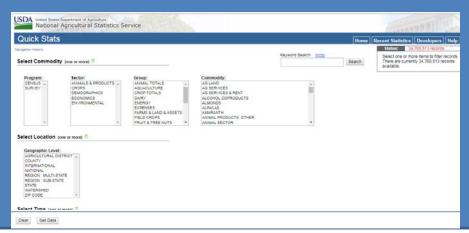


Planning

- ☐ Discussions with faculty members
- ☐ Manageable project
- ☐ Datasets: Already collected or publicly available

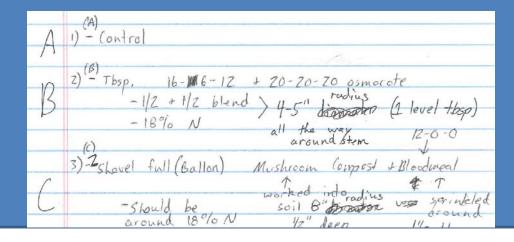
Analyzing Changes in Agricultural Land use

Historic crop acreage and price data available from USDA NASS QuickStats



Impact of Soil Treatments on Olive Frost Damage

Data already collected from a field experiment









Teams and project assignment

- ☐ Class capped at 30 (usually full)
- ☐ Six teams of 5 students each
- ☐ Randomize team order for choosing project

D 1 · 1.			
Randomized team order	#	Available Projects	
5	1	Students' performance in two agricultural teacher certification tes	
1	2	Can exercise reduce depression?	
4	3	Influence of soil amendments on the growth of olives	
2	4	Analysis of prediction accuracy of US peanut production	
3	5	Optimizing feed ration for beef cattle	
6	6	The association between smoking and general health	







Meeting with the teams

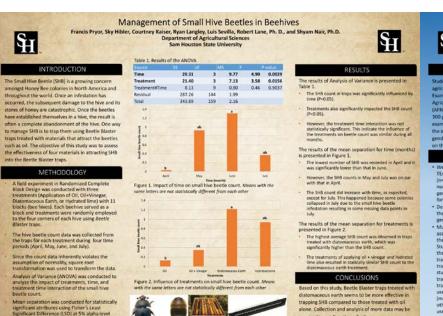
□ 30 minutes meeting with each team

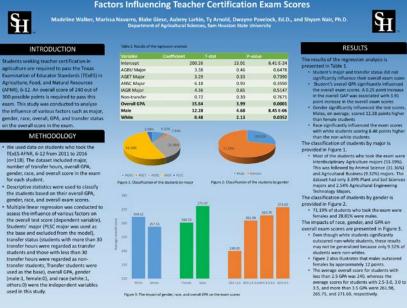
alone. Collection and analysis of more data may be

equired to confirm these findings

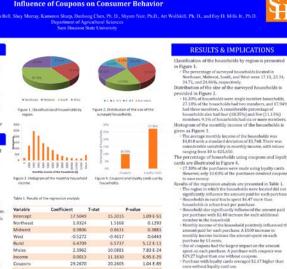
☐ Describing the data

☐ Examples of posters











after retransforming the data.



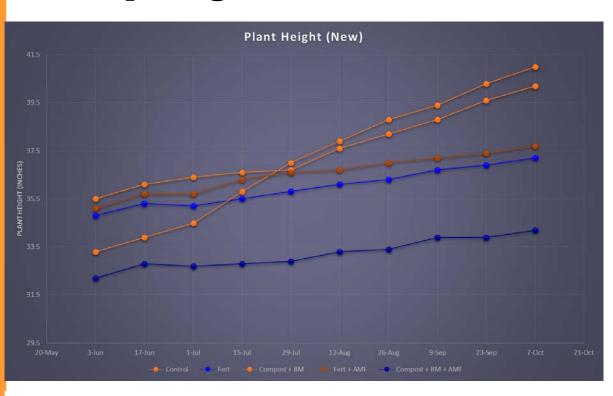
REFERENCES

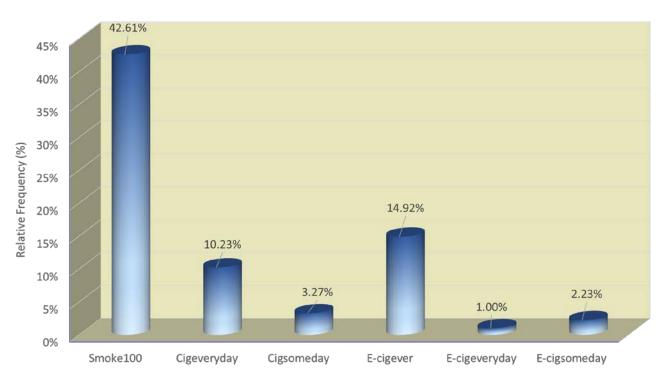
urvey (FoodAPS). U.S. Department of Agriculture, Economic Resea



Activities outside class

- ☐ Literature review
- ☐ Analysis of individual variables
- ☐ Graphing variables and relationships



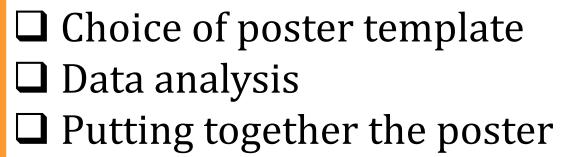








Activities in class





The Association of Smoking with General Health



Data on self-reported general health (Likert-type scale; 1 poor
to 5 excellent), smoking habits (for both cigarettes and e-
cigarettes), gender, age, education, and race (n=2,199) were
collected from the Health Information National Trend Survey 5
Cycle 1 (Westat, 2018). Descriptive statistics were used to
analyze individual variables. Multiple Linear Regression was
used to analyze the effect of smoking habits and demographic
variables on self-reported general health. The detailed
description of variables used in the regression analysis is
presented in Table 1.

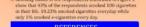


Variable	Coefficient	Error		P-value	
Intercept	3.4357	0.1130	30.4106	<0.0001	
5moke100	-0.0892	0.0449	-1.9875	0.0470	
Ogeveryday	-0.2515	0.0746	-3.3725	0.0008	
Cigsomeday	-0.1726	0.1123	-1.5364	0.1246	
E-cigever	-0.0813	0.0668	-1.2171	0.2237	
E-cigeveryday	-0.5086	0.1974	-2.5761	0.0101	
E-cigsomeday	-0.0819	0.1378	-0.5945	0.5523	
Gender.	0.0809	0.0384	-2.1063	0.0353	
Age	-0.0075	0.0013	-5.9653	< 0.0001	
Education	0.1206	0.0130	9.2445	<0.0001	
Diverb		0.0000	4 0004	-0.0001	

The Association of Smoking with General Health







The Association of Smoking with General Health

INTRODUCTION Smoking can cause various health issues in the human body indicate that smoking habits of the respondents causes more deaths than other non-natural deaths such alcohol, drug use, and suicide. Smoking can result in multie significantly influenced their general health. types of cancer, including lung cancer, esophageal cancer, a cervical cancer. Aside from cancer, smoking also affects the body in many ways. Scientists have found that smoking ca affect the function of the body's immune system. Jeaving

preventable cause of death in the US. This study analyzed to relationship between smoking habits and demograp significantly influence the general health variables on self-reported general health of US residents.

Table 1 also show that demographic factors significantly influenced the general health of respondents.

RESULTS & IMPLICATIONS

The general health of those who smoked were found

every day (-0.5086) followed by those who smolo

dicate that smoking habits of the respondents

gnificantly influenced their general health.

to be lower than that of non-smokers

- Females had a lower general heath compared to
- General health declined as the age of the respondents increased (p<0.001) Respondents with higher level of education tend to
- have better general health (p<0.001) Race also significantly influenced general health with
- black and other races having lower general health compared to white

shown in Figure 1 indicate that most of the respondents

More than half of the respondents reported that they are they are in fair health condition and only 1,96% reported Smoking habits of the respondents illustrated in Figure 1

show that 43% of the respondents smoked 100 cigarett in their life. 10.23% smoked cigarettes everyday while

Self reported general health on a Likert-type scale 1 poor to 5 excellent (Dependent Variable) Smoke 100 Dummy for smoking at least 100 cigarettes in their life Cipeveryday Dummy for smoking cigarettes every day E-clarver Dummy for smoking E-clarrettes ever in their life E-cigsomeday Dummy for smoking E-cig some days Age of the respondent in years

Dummy variables: Black and Other, with White exclude

METHODS & PROCEDURES

Data on self-reported general health (Likert-type scale: 1 poo

to 5 excellent), smoking habits (for both cigarettes and e-cigarettes), gender, age, education, and race (n=2,199) were

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Gender	0.0809	0.0384	-2.1063	0.0	
Age	-0.0075	0.0013	-5.9653	<0.0	
Education	0.1206	0.0130	9.2445	<0.0	

Figure 3. Smoking habit of the respondent

-0.5086	0.1974	-2.5761	0.0101	every day (+0.5086), followed by those who sm
-0.0819	0.1378	-0.5945	0.5523	cigarettes every day (-0.2517).
0.0809	0.0384	-2.1063	0.0353	Smoking digarettes or e-digarettes some days d
-0.0075	0.0013	-5.9653	< 0.0001	significantly influence the general health.
0.1206	0.0130	9.2445	<0.0001	significantly sinulcince the general nearth.
-0.2797	0.0571	-4.8984	< 0.0001	Table 1 also shows that demographic factors significant.
-0.2079	0.0634	-3.2822	0.0010	influenced the general health of respondents.

influenced the general health of respondents.

RESULTS & IMPLICATIONS

The general health (self-report) of those who smoke

- Females had a lower self-reported general health
- General health declined as the age of the respondent increased (p<0.001).
- to have better general health (p<0.001).
- Race also significantly influenced general health, with compared to white.
- had at least come college.
- More than half of the respondents reported that they we in very good or excellent health. 13.32% reported that they were in fair health condition and only 1.96%
- Smoking habits of the respondents illustrated in Figure sigarettes in their life. 10.23% smoked cigarettes

REFERENCES



Dummy for race (0=White; 1=black; 2=Others)





Final Edits

☐ Instructor and supporting faculty members☐ Typos, grammar, style etc.



Effect of Physical Exercise on Depression/Anxiety Disorder

Cheyenne Gamangasso, Benny Conn, Matthew Viggers, Joseph Solis, Shelby Reed, Danhong Chen, Ph. D., Shyam Nair, Ph.D., and Art Wolfskill, Ph. D.

11th Annual Sam Houston State University Undergraduate Research Symposium, Huntsville, TX, April 28, 2018





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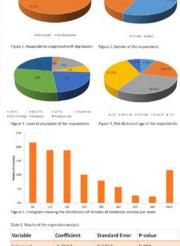
INTRODUCTION

Depression is often seen as a mental disorder that affects a large percentage of our world's population today. There have been many treatments found to help patients cope with symptoms of depression. Some of these treatments are antidepressants, cognitive therapy, and bright light therapy (Rimer et al., 2012). All of these treatments have been found to have various side effects for different patients. Patients have looked for other treatments with less side effects. Several researchers have found physical exercise as an effective tool to reduce depression. The objective of this study was to analyzes the association between physical exercise and depression.

METHODS & PROCEDURES

- The data on doctor/other health professional's diagnosis of depression/anxiety disorder [Depression: dummy, where 1-diagnosed with depression/anxiety disorder and 0 otherwise), minutes of physical activity or exercise of at least moderate intensity performed per week [Modex], number of times leisure-time physical activities to strengthen muscles performed per week (Krengthey), and age, education, gender, and race of the respondents (n=2,069) from the Health Information National Trend Survey (Westat, 2018).
- Logistic Regression with Depression as the dependent variable, Modex, Strengthex, Gender (dummy: Female-1, age, Education (Highest Education Level Achieved: Categorical, ranges from 1=less than 8 years to 7=postgraduate), and Race (Dummy: 0=White: 1=black; 2=Others) as the independent variables to analyze the influence of the independent variables on the probability of being diagnosed with depression/ anxiety disorder





0.0001

0.0311

0.1209

0.038

0.0827

0.0003

-0.0367

0.7562

-0.0519

< 0.001

0.237

< 0.001

0.027

0.172

< 0.001

RESULTS & IMPLICATIONS

- Out of the 2,069 respondents, 20.35% were diagnosed with depression or anxiety disorder by a doctor or other health professional (Figure 1).
- 57% of the respondents were females and 43% were males (Figure 2)
- □ Two third of the respondents had at least some college including 30% college graduate and 22% post graduates (Figure 3)
- Most of the respondents were in the 30 to 75 age group with 8.26% of respondents less than 30 years of age and 7.35% greater than 75 years old (Figure 4)
- 21.65% of the respondents exercised for less than an hour per week. Percentage of people in the group declined as the time of exercise increased. However, 11.69% of the respondents exercised for more than 8 hours per week (Figure 5).
- Results of the regression analysis is presented in Table 1.
- Minutes of physical activity or exercise of at least moderate intensity performed per week was negatively associated with the probability of diagnosed with depression (p-0.001).
- Gender significantly influenced the probability of being diagnosed with depression (p=0.001). Females are more likely to be diagnosed with depression /anxiety disorder compared to males
- The probability of diagnosed with depression decreased with increase in age (p<0.05).
- Race significantly influenced depression (p<0.001).
 Blacks and other races were less likely to be diagnosed with depression compared to whites.

REFERENCES

Rimer, J., Dwan, K., Lawfor, D.A., Greig, C.A., McMurdo, M., Morley, W. and Mead, G.C., 2012. Exercise for degression. Cochrane Database Syst Rev. 7(CD004366)

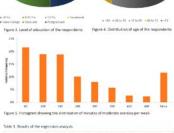
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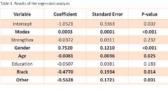
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METHODS & PROCEDURES

- The following data (n=2,069) on doctor/other health professional's diagnosis of Depression/Anxiety Disorder (D/AD) were extracted from the Health Information National Trend Survey (Westat, 2018):
- Depression: (dummy, where 1-diagnosed with D/AD). Modex: minutes of physical activity or exercise of at least moderate intensity performed per week; Strengthex: number of days per week engaging in leisure-time physical activities to strengthen muscles; Gender: (dummy: Female=1);
- Education: (highest education level achieved: Categorical, ranging from 1=less than 8 years to 7=postgraduate); and
- Race: (dummy variables Black and Other, with White excluded)
 Logistic Regression with Depression as the dependent
- Logistic Regression with *Depression* as the dependent variable, *Modex, Strengthex, Gender, Age, Education*, and *Race* as independent variables.
- Analyzed the influence of the independent variables on the probability of being diagnosed with D/AD.





RESULTS & IMPLICATIONS

- Out of the 2,069 respondents, 20.35% were diagnosed with D/AD by a doctor or other health professional (Figure 1).
- 57% of the respondents were females and 43% were males (Figure 2).
- Two third of the respondents had at least some college education, including 30% college graduates and 22% with post-graduate education (Figure 3).
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- Race significantly influenced D/AD (p<0.001). Blacks and other races were less likely to be diagnosed with depression compared to whites.

REFERENCES

Rimer, J., Dwan, K., Lawlor, D.A., Greig, C.A., McMurde, M., Morley, W. and Mead, G.E., 2012

Westat. 2018. Health Information National Trends Survey 5 (HINTS 5): Cycle 1 Methodology Report; 2017. Ausfable at



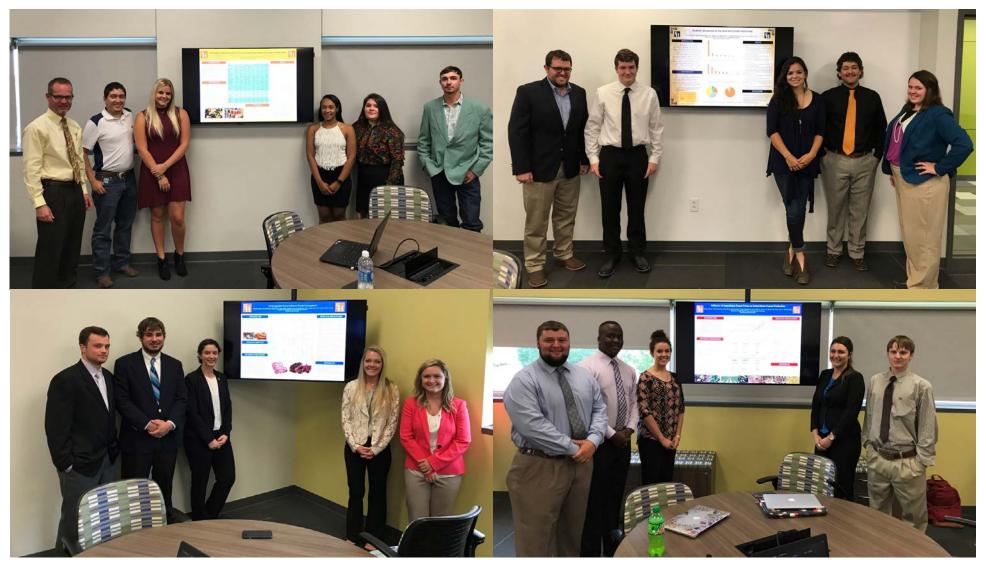








In-class presentations: Final Exam





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Presentations in conferences

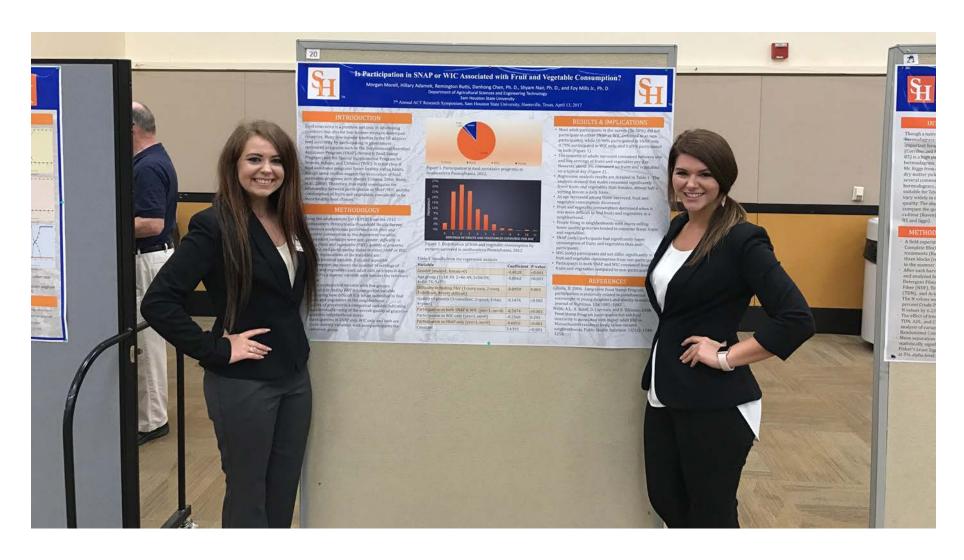








Presentations in conferences

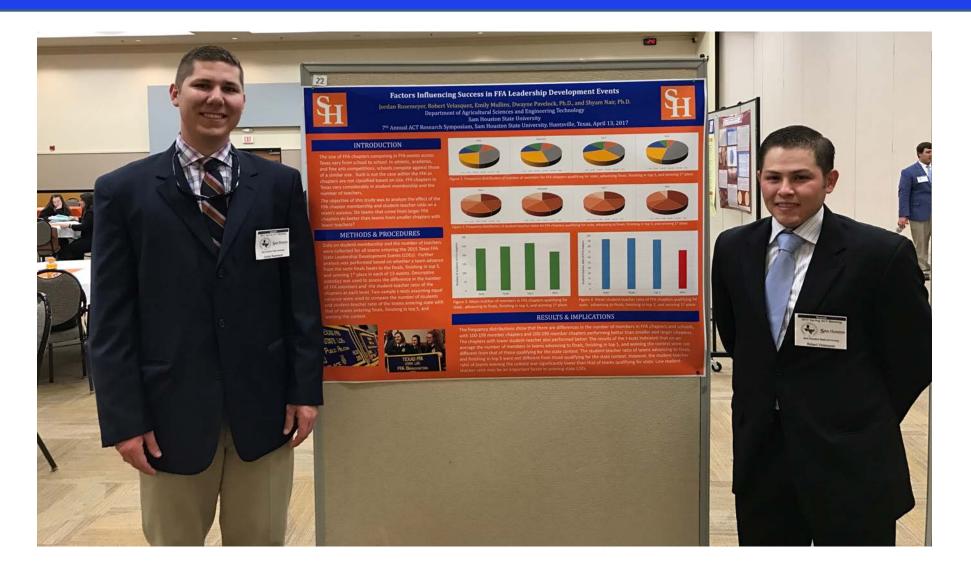








Presentations in conferences







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Thank you





