

# A picture's worth a thousand words: Using images to engage online and on- campus students in meaningful reflection



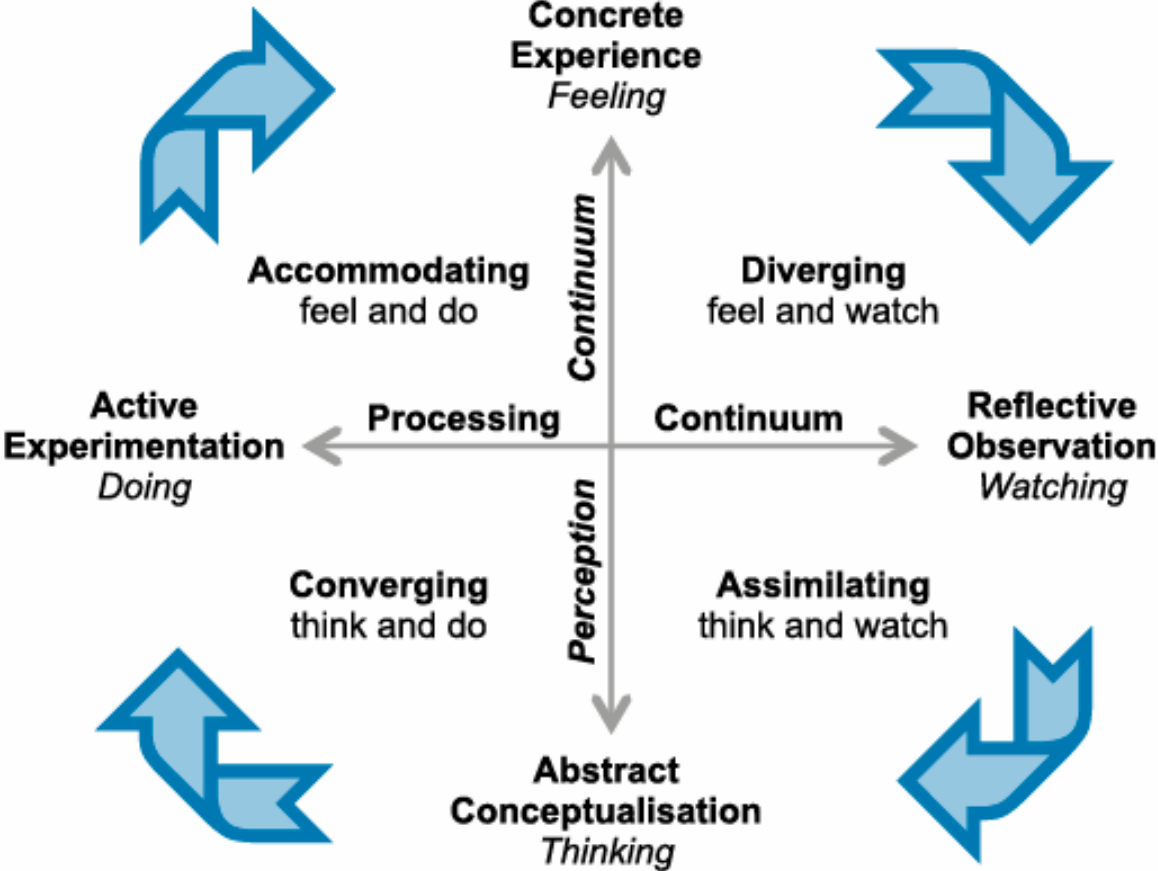
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“All education comes about through experience...everything depends upon the quality of the experience which is had.”

- John Dewey



# Reflecting Improves Learning Experiences









Wed July 15

- mail packages
- EAT
- EAT
- max 4 hrs down
- rest room bed
- kitchen cleanup
- salve test
- 7 am
- 1 pm
- 5 pm
- 10 pm
- vacuum up/down
- handle T&S (1) need

Thurs July 16

- last vet 9:15 am
- out-front
- send texts - up 5 days ago
- rest chair
- Cook day 14
- ! Prepare \$15 for laundry
- groceries? phone
- "need a nap!"
- Instagram! print

WED THU FRI SAT SUN

Inspired by the vet - remind the  
 who are left behind in past. It's  
 puppy on the floor. Thank you Mrs.  
 would be to distract my dog. It's  
 coz and while today. Mrs. what's  
 how I wanted to spend my morning.

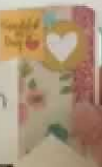
Courage  
 is forward motion  
 despite your  
 fear

Friday July 17

- Commissary
- milk
- spinach
- banana
- frozen fruit
- containers
- napkins
- laundry
- sprucing paint
- clean up! hold journal
- fix books

- smoothie
- chicken wings

Sleepover!!!



# Research Methods

- Hybrid face-to-face, online course
  - Many students from out-of-state
- Agricultural education, communications, extension, education, apparel studies, nutrition, dietetics, early childhood education
- First course in master's program for many students





# Nonlinguistic Reflection in Research Methods

## Weekly Visual Reflections

Each week, you will be required to submit an image (found via Google or other search engine) that portrays your feelings about the topic at hand.

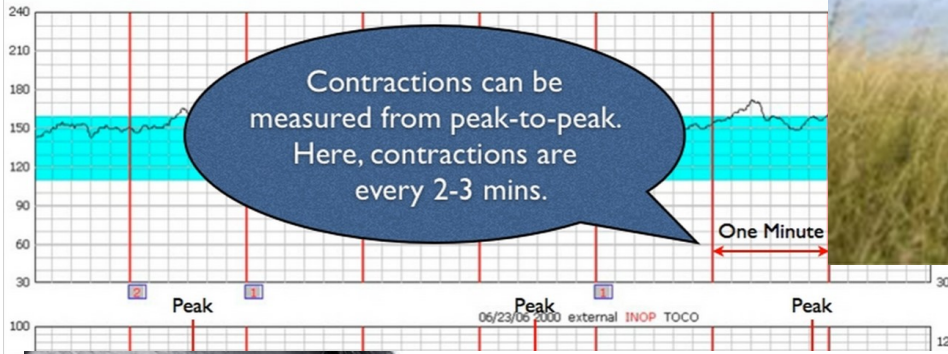
Along with the image, you will submit one paragraph that describes how the image portrays your feelings. These will be discussed each week during our class meetings.

# Week 2

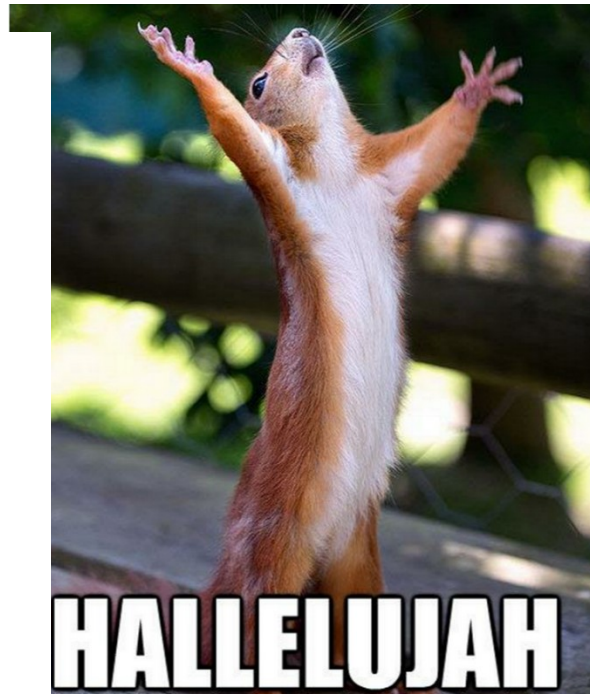


# Week 8

## Contractions: External Toco



Disappointment.



# Week 11

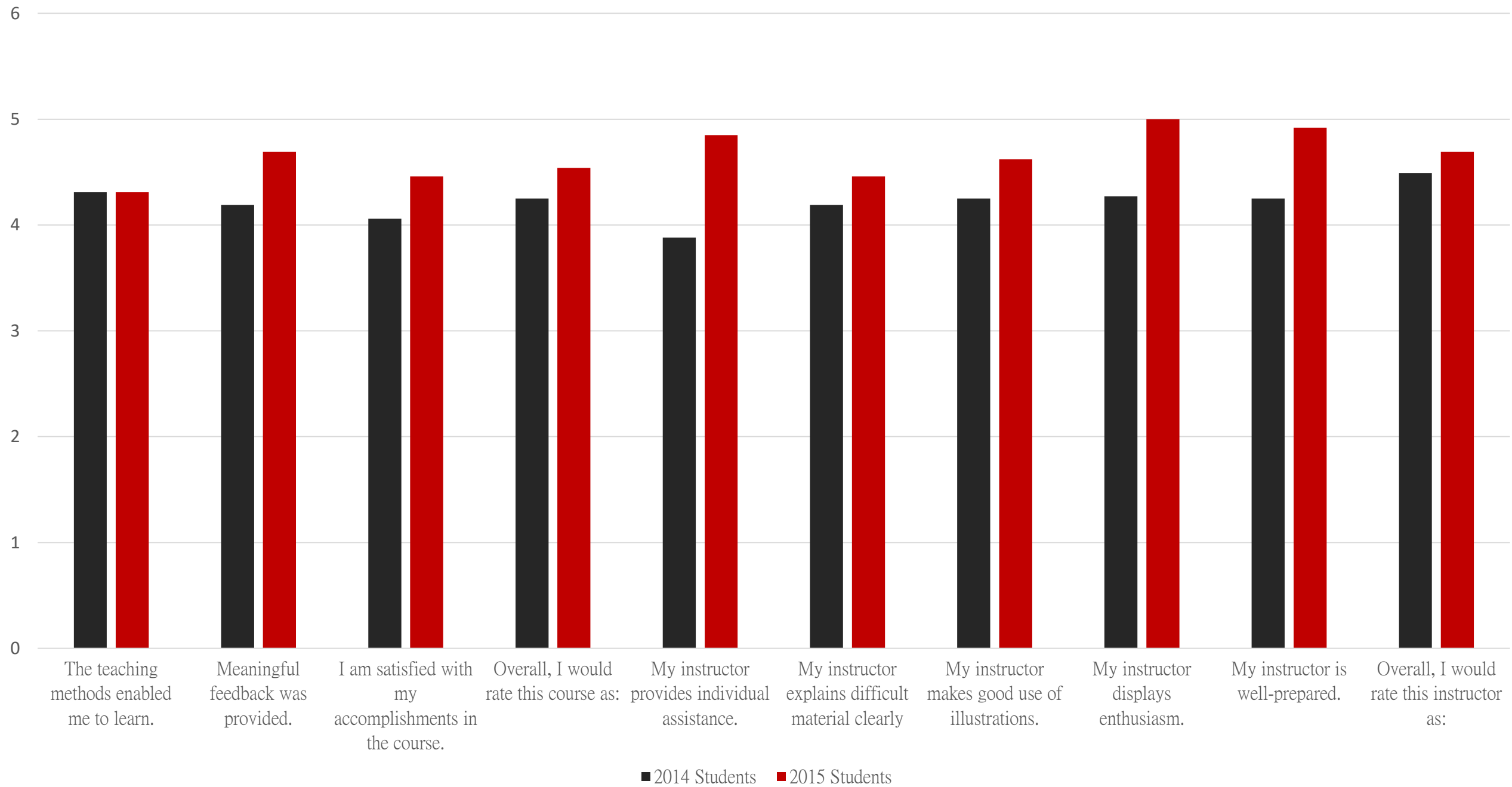


# Week 14



Did the visual reflections make  
a difference on students'  
perceptions of the course?

# Course Evaluation Differences Between Students Completing and Not Completing Visual Reflections



“Your sincerity in asking for student feedback made me feel valued and opened the door to know I could always come to you with questions. Your openness to try new things (visual reflections) was refreshing!”

“I tend to stick in the middle of the pack and even if I’m struggling, I keep to myself. The visual reflections didn’t allow me to do that, instead it created communication with the professor about my feelings about the course.”

“Your sense of humor helped to ease the stress and reminded me to maintain perspective. Truly enjoyed the visual reflections...what a creative way to guide students in self-awareness!”

“Visual reflections definitely helped me release stress as well as allow me to see whether other students were on the same page as me.”

“I was a big fan of having the visual reflections to do each week. I felt as if it helped me express whether or not I was struggling with the material or if I was not focused on the class for the week.”



Thank you!

Questions?

