

Interdisciplinary EAAT Course Assessment (2016-0283)

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Overview of Presentation

- EAAT Course & Development
- Assessing Student Outcomes
- EAAT Course Promotion

U of A 2015 EAAT Course



EAAT course Development

- EAAT in HIED,
Murfreesboro
- AQHF Grant
- Community
Support, lecturers



3 content areas

- Horse as a therapeutic partner
- Emotional and physical disabilities
- EAAT agencies

Week	Class PPTs are in <i>bold italic</i> ;	Activity	Presenters in addition to Instructor
1	Intro to EAAT; pre-test survey <i>Label Free Domains</i>	ID ways horses help humans	Jan Knighten
2	<i>Outside the Saddle</i> ; Equestrian Bridges and Horses for Healing volunteer training	Safely with horses; <i>vol</i> training	J Kirsh; L Kerr, PATH
3	<i>Autism spectrum disorder, Mental health overview,</i>	Working with horses	Jan Knighten; Kim Copps, LCSW
4	<i>Physical, Functional, and Cognitive Benefits of Therapeutic Riding</i>	Video: Temple Grandin Movie	Lexi Kerr
5	<i>Intro to Equine Science & Behavior; Horses in team building</i>	Team building utilizing horses	Dr. Jogan; M. Wyatt
6	Therapy for PTSD <i>What makes a good Therapy Horse?</i>	Horse Behavior Demo	Dr. Eason, Lead Psychologist V. A.; Kim Copps, LCSW
7	<i>FIELD TRIP: Heroes and Horses</i> Equine Assisted Psychotherapy Principles	Trauma-focused EAP/EAAT arena activities	Kim Copps, LCSW; Janis Cline, LCSW
8	Fat City In-class Worksheet	Fat City video	Dr. Jogan
9	<i>Service vs. therapy animals</i> ; Service Dogs; Killer whales and dolphins;	See service dogs at work	J. Profitt; M. Wyatt;
10	Horses for Healing; Administration and fundraising of EAAT agency	H for H Demonstration	Debbie Studevant; Linda Brown
11	<i>Overview of the major EAAT players: EAGALA, PATH, Int., AHA, CHA, etc.</i> Horse boy In class worksheet	Discussion Video Horse boy	K. Copps, EAGALA L. Kerr/ J. Kirsh PATH
12	<i>Overview of legalities</i>	Group discussion	Lonnie Copps, LPPC
13	<i>How to give a great presentation</i>	Practice presenting	Dr. Jogan
14	Group Presentations for grade/ Open House Party		YOU!!

*Above represents partial course guide

*Readings for topics loaded on Blackboard in advance of presentation

Course Content

- Guest Lectures
- Demos
- Videos
- Hands-on
- Open House



ANSC 4100
Equine Assisted Activities
Fall Semester, 2015

Lecturer/Laboratory Instructor: Tuesday 5:00 – 6:00 PM/Whittaker Animal Science Center
Dr. Kaiti Jagan, Dept. of ANSC,
kjagan@uoregon.edu, 479-236-4765
Office hours: by appt. 1101C AFLS

Credit Hours: 3
Prerequisites: None
Reference: Equine Assisted Activities: The American Quarter Horse Foundation Journal articles and readings provided by the Instructor
Handbook on Animal-Assisted Therapy: Theoretical Foundations and Guidelines for Practice, 2000. Fine, A. (Ed.). Academic Press, San Diego, CA.
Animal Assisted Therapy: A Guide for Health Care Professionals, 1995. Delta Society, East Haven, VA.
Optional Readings: Animal Science 4100 introduces students to the field of equine assisted activities and therapies. A variety of approaches, therapeutic settings and client populations will be addressed with an emphasis on equine behavior. Students will gain experience in the practical application of an equine assisted therapy program.

Course Description: To introduce and expand the student's knowledge and experience in all facets of equine assisted activities and therapy.

Goals & Objectives: To introduce and expand the student's knowledge and experience in all facets of equine assisted activities and therapy.

Learning Objectives:

1. Identify key concepts in equine assisted activities and therapy and companion animal therapy.
2. Describe major equine assisted activities and therapy types and organizations.
3. Describe the characteristics of horses that make them valuable in therapy.
4. Describe various client populations that utilize EAAT.
5. Describe EAAT benefits to various client populations.
6. Critically analyze and write about secondary sources reporting on EAAT concepts.
7. (Affective objective) Continue the pursuit of knowledge to enhance personal and professional development.

How students meet objectives through this course: Students gain an understanding of equine assisted activities and therapy by studying equine behavior and physiology as well as different client populations utilizing equine assisted therapy. In the hands-on demonstrations, the concepts introduced in

Non-ANSC students interact with horses





Demos



Assessing Student Outcomes

-Pre- & post test

Percent increase in knowledge for three topics (Horse, Psych, EAAT) based on student major (N = 37)

Major	Horse Content	Psych Content	EAAT Content
ANSC (n = 24)	26%	34%	61%
Non-ANSC (n = 13)	30%	36%	61%



Assessing Student Outcomes

-Anonymous pre- and post-course survey

Pre-course survey (N = 37)

- Do you have any horse experience?
 - **17 Beg; 15 Int; 5 Adv**
- How many SW/ Psych courses have you completed?
 - **10 none; 27 2 or more**
- Do you have any experience with EAAT?
 - **4 yes; 33 no**
- Would you volunteer for an EAAT agency?
 - **13 yes; 24 no**

Post-course survey (N = 37)

- Would you take an advanced EAAT course?
 - **31 yes; 6 no**
- Did this course increase your interest in EAAT?
 - **35 yes; 2 no**
- Will you work/ volunteer for an EAAT agency?
 - **35yes; 2 no**

As a result of this course, over 60% of Non-ANSC majors anonymously reported they intend to pursue career in EAAT

PROMOTING THE COURSE: OPEN HOUSE



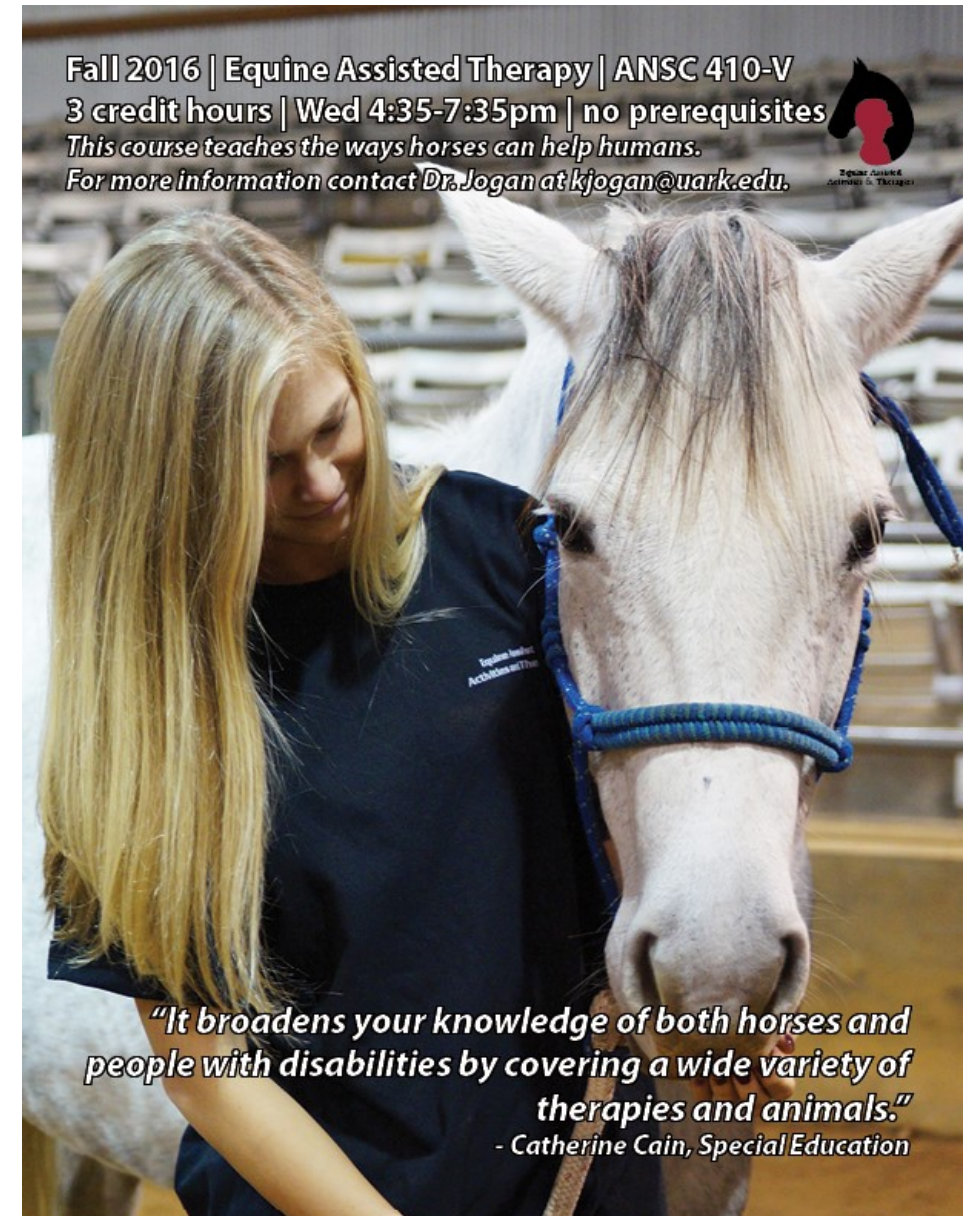
RECRUITING FOR EAAT COURSE



Fall 2016 | Equine Assisted Therapy | ANSC 410-V
3 credit hours | Wed 4:35-7:35pm | no prerequisites
This course teaches the ways horses can help humans.
For more information contact Dr. Jogan at kjogan@uark.edu.

"EAAT is a beneficial skill for people from all kinds of majors and disciplines, if not for themselves to use, at least for them to know as they refer clients who may benefit from this form of therapy."
- Kelly Linn, Social Work

Equine Assisted Activities & Therapies



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"It broadens your knowledge of both horses and people with disabilities by covering a wide variety of therapies and animals."
- Catherine Cain, Special Education

Equine Assisted Activities & Therapies

Questions?

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"I learned about the value of therapy through horses and was able to see firsthand how sometimes horses are able to do what people cannot do. I would definitely recommend this course to other psychology majors."
-Raleigh Smith, Psychology